

WONDERING WHERE TO GO FOR CARE FOR A SUDDEN HEALTH PROBLEM?

If your health is in danger, then the Emergency Room is the right place to go.

And when you need care for a less serious problem, your Primary Care Provider's office or an Urgent Care clinic can help. So when it isn't an emergency, call your doctor's office at any time of day and any day of the year for advice - a convenient call may save you time.

HOW TO DECIDE

EMERGENCY ROOM	Primary Care Provider or Urgent Care
<p>Signs of serious risk/danger</p> <ul style="list-style-type: none">• Having a hard time breathing• Chest pain• Choking• Unable to move or speak• Fainting or unconsciousness• Sudden confusion• Sudden severe pain• Poisoning or overdose• Bleeding heavily• Severe burns• Broken bones• Attacked by a person/animal• Thoughts of harm to self/others	<p>Signs of a less serious risk or nature</p> <ul style="list-style-type: none">• Sore throat and/or other Cold/flu symptoms• Sinus pain• Back pain• Pain in joints or muscles• Headache that is not severe• Minor cut• Minor burn• Sprain (ankle, wrist, arm)• Minor intermittent abdominal pain• Earache• Minor rash• Constipation or diarrhea – not severe• Bug bites and stings• Conjunctivitis, red eye, sty, itchy eye
<p>Call your local emergency number:</p> <p>Call police, fire, or 911 to receive the critical care you need quickly for accidents, medical, mental health or substance abuse emergencies.</p>	<p>Call your doctor's office at any time of day, any day of the year to get advice, a same day appointment, or be directed to the right place for care.</p> <p>Note: you can walk into most Urgent Care clinics to receive care without calling ahead to make an appointment. Urgent Care centers are open late, often open on weekends, and a referral isn't needed.</p> <p>View local Urgent Care sites: SEE NEXT SIDE</p>

What you should do if you have possible COVID-19 symptoms

If you have a SERIOUS symptom as listed above: follow the Emergency Room guideline.

If you're experiencing one or more possible general symptoms of COVID-19 such as **fever/chills, cough, fatigue, muscle/body aches, headache, sore throat, nausea or vomiting, congestion or runny nose, new loss of taste/smell, and diarrhea:** Contact your Primary Care Provider for directions regarding the best place and the best way to get care OR check the www.cdc.gov website for a recommendation – **SEE NEXT SIDE**

City	Local URGENT CARE	Address Phone	Hours
Athol	Tully Walk-In Care Clinic	81 Reservoir Drive 978-248-8558	7 days/week 9:00 am - 4:30 pm Closed on the following holidays: New Year's Day, Thanksgiving Day, and Christmas Day Hours may vary on other holidays – check website
Auburn	ReadyMED (Auburn)	460 Southbridge Street (Route 12) 508-595-2700	Open 7 days a week, 9 AM – 8 PM except Thanksgiving and Christmas day
Clinton	MinuteClinic (Clinton)	792 Main St 866-389-2727	Mon – Fri: 8 AM – 7 PM (closed from 1 PM – 1:59 PM)
			Sat: 9 AM – 5:30 PM (closed from 1 PM – 1:30 PM)
			Sun: 10 AM – 4:30 PM (closed from 1 PM -1:30 PM)
Fitchburg	*CareWell Urgent Care Fitchburg	380 John Fitch Hwy 978-216-6595	Mon – Sunday: 8 AM – 8 PM
Gardner	Heywood Urgent Care	266 Main Street 978-669-5959	7 days a week 9:00 am - 4:30 pm
Holden	Urgent Care Holden	5 Shrewsbury St D 508-829-3800	Open daily from 8:45 AM - 5 PM
Leominster	MinuteClinic (Leominster)	246 Mill St 866-389-2727	Mon – Fri: 8 AM – 7 PM (closed from 1 PM – 1:59 PM)
			Sat: 9 AM – 5:30 PM (closed from 1 PM – 1:29 PM)
			Sun: 9 AM – 4:30 PM (closed from 1 PM – 1:29 PM)
	Urgent Care Leominster	510 N Main St 978-466-8820	Mon – Fri: 8 am – 7:30 pm Sat – Sun: 9 am – 4:30 pm
Marlborough	*CareWell Urgent Care Marlborough	757 Boston Post Road East 508-630-8989	Open 7 days a week, 8 AM – 8 PM
Milford	ReadyMED (Milford)	340 E Main St 508-595-2700	Open 7 days a week, 9 AM – 8 PM (Closed on Thanksgiving and Christmas Day)
Northborough	*CareWell Urgent Care Northborough	333 Southwest Cutoff 508-213-4183	Open 7 days a week, 8 AM – 8 PM
	MedPost Urgent Care	10002 Shops Way 508-658-9254	Open 7 days a week, 8 AM – 8 PM
Oxford	UrgentCare Express at Harrington (Oxford)	78 Sutton Ave 508-499-1760	Monday-Friday 8 AM to 4 PM
			Saturdays and Sundays 8 AM to 4 PM
Uxbridge	MinuteClinic (Uxbridge)	323 N Main St 866-389-2727	Mon – Fri: 8 AM – 7 PM (closed from 1 PM – 1:59 PM)
			Sat: 9 AM – 5:30 PM (closed from 1 PM – 1:29 PM)
			Sun: 9 AM – 4:30 PM (closed from 1 PM – 1:29 PM)
Worcester	*CareWell Urgent Care Worcester Greenwood St	348 Greenwood St 774-205-1021	Open 7 days a week, 8 AM – 8 PM
	*CareWell Urgent Care Worcester Lincoln St	500 Lincoln St 774-205-1045	Open 7 days a week, 8 AM – 8 PM
	AFC Urgent Care Worcester	115 Stafford St 508-544-0719	Mon – Fri: 8 AM – 8 PM; Sat-Sun: 8 AM – 5 PM
	Le & Chang Family Urgent Care	456 Park Ave 508-796-5661	Mon – Fri: 8 AM – 6 PM' Sat 8 AM – 5 PM
	MinuteClinic (Worcester)	44 W Boylston St 866-389-2727	Mon – Fri: 8 AM – 7 PM (closed from 1 PM – 1:59 PM)
			Sat: 9 AM – 5:30 PM (closed from 1 PM – 1:29 PM)
			Sun: 9 AM – 4:30 PM (closed from 1 PM – 1:29 PM)
	ReadyMED Plus Urgent Care	366 Shrewsbury St 508-595-2700	7 days a week: 9 AM - 8 PM

COVID-19: The Center for Disease Control and Prevention website is a good place to get current information about the coronavirus disease (COVID-19). Go to www.cdc.gov/coronavirus/2019-nCoV/index.html to find answers to many frequently asked questions including what to do when you're feeling sick, access to a coronavirus symptom self-checker tool and to find a testing location.